

POLICIES & PROCEDURES - LEAGUE, DIVISIONS AND SEASONS

- The RSL shall consist of divisions consistent with our governing body (CYSA-S) guidelines except when other local conditions require otherwise.
- Teams in the recreational divisions shall be defined from our governing body which currently determines the player's division by the age by birth year. Verifying proof of age is required:
 - a. Division 8 (under 5 yrs.): Age 4 (Birth Year)
 - b. Division 7 (under 6 yrs.): Age 5 (Birth Year)
 - c. Division 6 (under 8 yrs.): Age 6 and Age 7 (Birth Year)
 - d. Division 5 (under 10 yrs.): Age 8 and Age 9 (Birth Year)
 - e. Division 4 (under 12 yrs.): Age 10 and Age 11 (Birth Year)
 - f. Division 3 (under 14 yrs.): Age 12 and Age 13 (Birth Year)
 - g. Division 2 (under 16 yrs.): Age 14 and Age 15 (Birth Year)
 - h. Division 1 (under 19 yrs.): Age 16 and Age 17 (Birth Year)
 - i. and Age 18 by (Birth Year)
 - j. Divisions 3, 2 and 1 may be combined to become Division 1 when not enough teams can be formed.
- Teams in the Intra branch shall be defined from our governing body which currently determines the player's division by the age by birth year. Verifying proof of age is required: A player may play up with Coach, Parent, and Board approval. Proof of age is required:

BU10/GU10: Age 9 (Birth Year)	BU15/GU15: Age 14 (Birth Year)
BUII/GUII: Age 10 (Birth Year)	BUI6/GUI6: Age 15 (Birth Year)
BU12/GU12: Age 11 (Birth Year)	BU17/GU17: Age 16 (Birth Year)
BU13/GU13: Age 12 (Birth Year)	BU18/GU 18_ Age 17 (Birth Year)
BU14/GUI4: Age 13 (Birth Year)	BU19/GUI9: Age 18 (Birth Year)
BU15/GU15: Age 14 (Birth Year)	
- The RSL season shall be from August 1 to July 31

- Team Standings:
Recreational team standings shall be decided by:
 1. The number of points credited to the team at end of the season.
Points are awarded as follows:
 - 3 points for a win
 - 1 point for a tie
 - 0 points for a loss

- Breaking ties - If two or more teams are tied in a division, the leader shall be decided by league points accumulated by the teams in league competition with each other during the season (head to head competition). If a tie still exists, the leader shall be determined by least goals scored against the teams involved from direct league competition with each other (head to head) during the season, followed by goalsfor; if, tie still exists, a play-off game shall be arranged, subject to the approval of the board.

- Intra teams-Participate with a traveling league and standings will be determined from that league (i.e. Presidio).

POLICIES & PROCEDURES - TEAMS, PLAYERS AND COACHES

- All players, coaches, assistant coaches, team managers, and team parents shall be registered with the Ramona Soccer League.

- Players shall be assigned to teams according to age as defined by our governing body and these Bylaws.

- Number of Recreational players per team shall be (exceptions with BOD approval):

Divisions 1 – 4	18 players maximum
Division 5	14 players maximum
Division 6	12 players maximum
Division 7	8 players maximum
Division 8	8 players maximum

- Intra teams not to exceed the maximum allowed by governing body (CYSA-S.).

U14 – U19 22 players maximum

U13 18 players maximum

U11 - U12 16 players maximum

U10 12 players maximum

- Transfer of players

1. Replacement or transfer of players from any recreational team by any one person is prohibited.

- Transfer of recreational players by traveling coaches is prohibited. A recreational player is a player that has been placed on a recreational team for the current season. Said prohibition shall extend until the end of the current recreational season.

1. Transfer of a player from one team to another in the same division during the season shall be discouraged and must be approved by the Board. The Board shall only allow such a transfer under extraordinary circumstances.

2. Each team shall have at least one team official (Coach, Manager, etc.) who is responsible for team organization, games, conduct and training.

3. In the event there is a lack of area teams, and thus a lack of competition in a division, the Board may contact other leagues in an effort to pursue inter-league play.

4. Recreational team selection:

A skills assessment of players, organized by the Director of Coaches, Registrar, Division Reps, and should be conducted prior to the assignment of players to teams. Division Representatives and Director of Coaches are to be present for skills assessment.

- If skills assessment is not held, the following procedure shall be used by the Registrar and Division Reps in assignment of players to teams:
 1. The players will be given a player number in each division and shall be divided by sex, age and experience.
 2. Each team in a division will then be assigned a random draw order.
 3. Each team will follow their draw order and first select older returning male players, followed by older new male players, followed by younger returning male players, followed by younger new male players, followed by older returning female players, followed by older new female players, followed by younger returning female players, followed by young new female players.
 4. Children of coaches will constitute the first pick in the round in which their child is or children are placed.
 5. Coach and Assistant Coach players may not exceed four. When two (or more) players must be placed on the same team, they will be known as Combination Players. These player draw cards will be attached together, but placed in the higher player category. When drawn, the combination player draw cards will make up that teams subsequent pick in the round for which the attached player(s) fall.
 6. No team may have more than three Combination Players.

- Teams shall be disbanded at the end of each season.

- Children of the Coach may automatically be selected to the team.

- Children of the Assistant Coach may automatically be selected to the team.
 1. The combination of Coach/Assistant Coach children, who may be selected to the team, is four.

- There shall be no more than one Head Coach and one Assistant Coach per Recreational team.

- Players' uniforms will have the RSL logo on the shirt and should not have the players' names on the shirts for safety reasons, with the exception of Top Soccer.

- Coaches (Recreational and Intra) will be coach of record until the team has competed in all post-season tournaments. Upon completion of post-season play, each coach will cease to be coach of record.

- If All-Star games are to be played, then All-Star coaches will be selected at the discretion of the board based on win/loss record and sportsmanship that reflects the best qualities of the league and its board.
- All-Star players are to be determined by in season assessments by recreational coaches during the regular season. All Star teams shall be comprised of an equal representation of all teams in the Division during regular season play. No more than half of the players on an All Star team may come from any one regular season team.

POLICIES & PROCEDURES - GAMES

- The RSL games shall be played in either four (4) equal quarters or two (2) equal halves. Quarterly games will be played with two quarterly breaks not to exceed 3 minutes and one half time break not to exceed 5 minutes. Games played with two equal halves, will have a five-minute break between the two halves. Normal duration of games shall be as follows:

Division 1: 2 halves of 45 minutes

Division 2: 2 halves of 40 minutes

Division 3: 2 halves of 35 minutes

Division 4: 2 halves of 30 minutes

Division 5: 2 halves of 25 minutes

Division 6: 4 quarters of 10 minutes

Division 7: 4 quarters of 10 minutes

Division 8: 4 quarters of 10 minutes

- Header Rules are as follows:

U5 - 3 v 3 – No headers allowed in games or practice

U6 - 4 v 4 – No headers allowed in games or practice

U8 - 5 v 5 – No headers allowed in games or practice

U10 - 7 v 7 – No headers allowed in games or practice

U12 - 9 v 9 – No headers allowed in games or practice

U14-U19 - 11 v 11 – Headers are allowed in games and practice

- The RSL games shall be played in accordance with the laws and decisions of the International Football Association (F.I.F.A.) except as noted by these Bylaws.
- In Cup play, if the game is tied at the end of regulation time, the winner shall be decided by Penalty Kicks. According to the format presented to the Laws and Decisions of the International Football Association (F.I.F.A.)
- All recreational players will play approximately ½ of the game during regular season games.
- The size of the field and goals may be reduced for lower divisions (4 through 8)
- Substitution can only be made at the following times:
Substitution can be following a goal, prior to a goal kick, prior to a throw-in, but only by the team in possession of the ball. Either team may substitute a player at half time or upon injury. Team captains are responsible to notify the referee of a goalie change at any time during the game.
 1. Substitution must be acknowledged by the referee.
 2. A player for whom a substitution has been made can return to the same game later.
- Players, team officials and spectators shall abide by the referee's decisions.

- Team officials, (coaches) may only enter the field of play during a game upon the referee's acknowledgment when there is an injury to a player on the field.
 1. Division 8 & 7 may allow coaches to coach on the field of play during actual games.
 2. Division 6, (coaches only) will be allowed to coach from sideline but not behind the goal line.

- Complaints about the referee's actions shall be made in writing within 24 hours of the game in question. One copy of the complaint shall go to the Director of Referees and another copy shall go to the RSL Board.

- Discussion with the Referee concerning his/her decision may only be sought after the game is over. Verbal abuse of a referee will not be tolerated and players, parents and coaches may be subject to disciplinary actions by the BOD for lack of Referee respect.

- Players and team officials reported by referees or by other team officials, in writing, for misconduct in connection with League games will be called before the RSL Board of Directors. Parents and team officials of a player involved in such action may be present during the Board review of the case. The Board will follow guidelines as set forth in the grievance manual of the governing manual (CYSA-S).

- Any player that misses 4 consecutive practices on an unexcused basis shall be dismissed from the team upon Board approval.

- Any player that uses obscene or foul language, on the first occasion, is subject to disciplinary action. On the second occasion the player may be dismissed from the League for the remainder of the season.

- If the suspension occurs during the last three weeks of the season, then the player will be prohibited from participating in post-season events.

- When a referee reports that a player has been sent off the field, the player shall be suspended for one (1) game for the first offense and for two (2) games for the second such offense. If a player is sent off for a third time in one season, suspension shall be for the rest of the season. A player so suspended may not play for any other team or in any post-season event.

- When a coach or assistant coach is ejected from a game, he/she will be suspended for one (1) game for the first offense. If during the remainder of the season, the coach or assistant coach is ejected from a game, he/she will be suspended from the League for the remainder of the season and must appear before the BOD for approval before accepting future coaching assignments in any division/branch of the League.
- If this suspension occurs during the last three weeks of the season, then the coach will be prohibited from participating in post-season play.
- The RSL shall recognize suspensions and like ruling on its members by co-equal bodies (other CYSA-S leagues) providing the RSL Board has been officially notified of the ruling and the circumstances surrounding it.
- Parent/Sideline Ejection Rule, the rule is as written:
If a parent is ejected from a game, he or she must leave the field area immediately (be out of sight and sound) and will automatically be suspended for a minimum of 2 additional games.
In addition, the entire sideline will also be suspended for the team's next game, due to the parent being ejected from the game.
The only individuals that are allowed on the sideline other than the team's players will be the coach and team manager, unless the team manager was the offending party. If the manager was the offending party the club will appoint another pre-determined administrator or parent to act as the team manager for the game, prior to next game
- Recreational Divisions 1 through 3 may be started with a minimum of 7 players for each team. (If division is not playing 11 v 11 this number will be decreased). Division 4 may be started with a minimum of 6 players for each team. Division 5 may be started with a minimum of 5 players for each team. Division 6 may be started with a minimum of 3 players for each team. Any team failing to have this minimum within 15 minutes after the scheduled starting time for the game shall forfeit the game and the opposing team will become the registered winner, receiving three league points for the scheduled game. The score of a game so forfeited shall be 1-0.
- In the event that a team disbands, without completing its scheduled games; the games played shall be removed from the League record and shall not be counted in the League standings.
- The home team shall provide the game ball. The visiting team should have an extra ball in case it is needed.
- The home team will pick which sideline they would like to play from.

- The first home team game of the day is responsible for making sure lines are clearly marked, flags are placed on each field and that the goal box is prepared and ready for play (loose nets, holes in nets, making sure goal is in proper place).
- The last home team game of the day is responsible for making sure that flags are put away and c-train / soccer building and are secure and doors locked.
- In the case of inclement weather, teams shall report for their games as usual, unless notified to the contrary by a league official.
- When the colors of two competing teams are similar, the home team will change. Goalkeepers must wear colors that distinguish them from other players and spectators. Any new teams or clubs must select colors other than those prevailing.

POLICIES & PROCEDURES - CODE OF CONDUCT

- In order to ensure that the principles of sportsmanship, fair play, and mutual respect among players, coaches, officials, and spectators characterize all competition sponsored by Cal South, the following Code of Conduct has been established. It is the obligation of all program administrators, coaches, parents, and players to create an environment that promotes this objective. Those who willfully violate this code jeopardize their participation in the Cal South soccer program.

- **Coaches**

The coach's role is one of teaching soccer skills and sportsmanship to the players. The coach is responsible for communicating practice and game times to the players and parents. The coach is also responsible for monitoring the behavior of the players and parents during practice and games. All coaches within the soccer program will promote good sportsmanship among players, foster team camaraderie, and help participants have fun while teaching players the technical skills of soccer. Unsportsmanlike conduct of coaches will not be tolerated by the program. Such unsportsmanlike conduct includes berating or making unkind comments to a player or referee that would reasonably be expected to cause substantial embarrassment to the player or referee. Other examples include the intentional abuse or attempt to abuse the player selection system or willful failure to follow program rules.

Each coach agrees to the code of conduct, certifies that he/she has read all Cal South Rules and will abide by them and acknowledges that coaching in the soccer program is a privilege and not a right. In addition, each Coach will ensure that his/her conduct sets a good example for team members and spectators.

To meet these responsibilities, the Coach is expected to:

1. Know the official Laws of the Game of soccer and the rules of Cal South, and abide by them.
2. Instruct player and parents in the rules and motivate each player to compete according to the rules at all times.
3. Respect the game officials at all times. Refrain from questioning their decisions or challenging their authority.
4. Ensure that the Cal South rules are followed by all players and spectators.
5. Ensure that fans of his or her team exhibit sportsmanship and maturity at all times and assist league and game officials in maintaining control of spectators during games.
6. Respect the coaches and players of the opposing team before, during, and after the game.
7. Take appropriate steps to minimize scoring in runaway games.
8. Teach each player, especially through personal example, to be humble and generous in victory and proud and courteous in defeat.
9. Maintain control of his/her emotions and avoid actions, language, and/or gestures that may be interpreted as hostile and humiliating.
10. Teach and practice good sportsmanship and fair play by personally demonstrating commitment to these virtues.
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12. Promote the concept that soccer is merely a game, and that players and coaches on other teams are opponents, but not enemies.

Players

Every player is expected to:

1. Know and respect the rules of soccer and Cal South and abide by them at all times.
2. Show respect and courtesy to officials and coaches by following their instructions and directions.
3. Respect the game officials and refrain from addressing them or commenting on their decisions during or after the game.
4. Maintain control of his/her emotions, avoiding the use of abusive or profane language, taunting or humiliating remarks, and/or gestures and physical assault upon another player at any time.
5. Respect the coaches and players of the opposing team and display sportsmanship at the conclusion of a game and be humble and generous in victory and proud and courteous in defeat.

6. Follow all Association rules, respecting at all times the property of others.
7. Remember that soccer is a game, and treat players and coaches on other teams as opponents, not enemies.

Parents and Spectators

The role of parents and spectators is one of support to the players and coaches. Parents and spectators should not engage in "coaching" from the sidelines, criticizing players, coaches or game officials or trying to influence the makeup of the team at any time. Every parent and spectator is expected to:

1. Learn and respect the rules of soccer and the rules of Cal South.
2. Show respect and courtesy to game officials, coaches, and players at all times.
3. Respect the game officials and refrain from questioning their decisions or from addressing them in a loud, disrespectful, or abusive manner.
4. Cheer for your child's team in a positive manner, refraining at all times from making negative or abusive remarks about the opposing team. Maintain control of your emotions and avoid actions, language, and/or gestures that may be interpreted as hostile and humiliating.
5. Ensure that your child is at all games and practices at the required time or provide the coach with an appropriate excuse beforehand.
6. Demonstrate appropriate gestures of sportsmanship at the conclusion of a game, win or lose.
7. Teach and practice good sportsmanship and fair play by personally demonstrating commitment to these virtues.
8. Promote the concept that soccer is merely a game, and that players and coaches on other teams are opponents, not enemies.